



eat something sexy "Aphrodisiac" Menu

Aphrodisiacs are believed to arouse sexual desires. Not surprising, the word aphrodisiac comes from Aphrodite, the Greek goddess of love, lust and sexuality.

First Course

French Onion Soup

Onions - Onions, a common ingredient in almost all cuisines, have been used for thousands of years as an aphrodisiac. Onions are recommended in both ancient Hindu and Arabic texts on the art of making love.

8.

Roasted Pepper Soup

Peppers - the color and hint of heat in this red soup will awaken your senses

8.

"Hearts" of Romaine Salad - Classic Caesar

hearts of romaine, classic Caesar dressing, garlic croutons, smoked trout and California avocado

Avocado - The Aztecs called the avocado tree "*Ahuacuatl*" which translated means "testicle tree". The ancients thought the fruit hanging in pairs on the tree resembled the male's testicles. This is a delicious fruit with a sensuous texture. **Also see Garlic**

10.

"Bacon Hug'n" Hokkaido Scallops

on truffled *soft sexy* grits with a micro arugula salad

Truffles - The Greeks and the Romans considered the rare Truffle to be an aphrodisiac.

The musky scent is said to stimulate and sensitize the skin to touch.

Arugula - Arugula or "rocket" seed has been documented as an aphrodisiac since the first century A.D.

15.

Happy Ending Cove Oysters

six west coast oysters on the half shell served with classic cocktail and champagne mignonette

Oysters - were documented as an aphrodisiac food by the Romans in the second century A.D as mentioned in a satire by Juvenal.

15.

Entrée

Valentine Paella

Saffron - This expensive spice has been reputed to work like a sex hormone and make erogenous zones even more sensitive. Saffron is made from the dried stigmas of a type of crocus.

Scallops - As legend has it, the goddess Aphrodite was carried to earth on the shell of a scallop.

And, thanks to this very high profile job of one lowly bivalve, scallops have enjoyed an aphrodisiac reputation since the time of ancient Greece.

Today there is evidence that scallops' aphrodisiac classification may be more than folkloric mystique. Like other bivalves (mussels, oysters and clams), scallops were featured in a 2005 study that indicated that these little fruits of the sea just may hold the potential for raising sexual hormone levels in both men and women.

28.

18 oz. Grass Fed Angus Prime Rib

garlic mashed potatoes seasonal vegetables in a tarragon - mustard sauce

Mustard - Believed to stimulate the sexual glands and increase desire. Perfect when paired with **beef**

Beef - Awesome for your libido. After a high protein meal, your blood stream is flooded with the amino acid tyrosine. The chemicals made from tyrosine and dopamine trigger brain cells that enhance mental alertness & concentration.

35.

Dessert

Ménage a Trois

Astoria Brownie with a duo of sauces, Vanilla Bean Bread Pudding with

bacon maple syrup and raspberry rum sauce, Micro Banana Cream Pie

Chocolate - One of the best known and best loved aphrodisiacs. It contains over 400 different chemicals including caffeine and phenyl ethylamine (PEA), a brain chemical that some scientists believe arouses the same feelings that we experience when we are in love. Legend has it that Montezuma drank 50 cups of cocoa before entering his harem of several hundred women.

Vanilla - taste and smell are important components when it comes to love and romance. Historically, there has long been a connection between the sweet, alluring aroma of Vanilla and sexual arousal. It's intoxicating, warm, sensual smell has captivated everyone over the ages from the Mayan and Aztec Indians, the Spaniards, the French and the Orient right through to modern times.

Bananas - In addition to the phallic shape of the banana itself, the banana flower also has a phallic shape.

Bananas are rich in potassium and B vitamins, which are said to be necessary for sex-hormone production.